

Enrichment Options Term 1 - 2022-23

| | Teacher | Topic | # of Students | Space | Description |
|-----|---------------------------------|------------------|---------------|-----------|--|
| ES1 | Mr. Gruenenwald & Mr. Piasentin | Archery | 20 | Gym | Are you the next Katniss Everdeen? Do you want to learn to shoot a bow and arrow? The National Archery in Schools Program (NASP) will give you the opportunity to learn the life-long sport of archery in a safe and controlled environment. No experience or equipment needed. See you there! |
| ES2 | Mr. Schmalz | Jiu Jitsu | 25 | Mezzanine | Brazilian Jiu-Jitsu is a self-defence martial art and combat sport based on grappling, ground fighting and submission holds. Come gain some confidence and have some fun. |
| ES3 | Ms. Pouliot & Ms. Leone | Forensic Science | 25 | Rm 12 | Forensics is a science that is a lot like a game! It involves being curious and finding clues, piecing together a puzzle, and solving the mysteries left behind at a crime scene. In this enrichment you will learn about crime scene investigation with hands-on activities. Learn to take fingerprints, collect evidence, analyze handwriting, type blood, and many other exciting activities. |
| ES4 | Ms. Ciccotelli | Strategic Games | 30 | Rm 23 | Want the challenge of a lifetime? Join Strategic Games. We will build civilizations, thwart our enemies, save the world, and even win a game or two. This class will teach you to think ahead, solve problems, and work together. Plus, it's a great opportunity to play real "mind games" with your friends. Join Strategic Games today - if you dare. |

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| ES5 | Ms. McDonald & Mr. Kurath | Nature Journaling | 30 | Port 36 | Join us each week for a walk to Mission Creek to explore nature. You will be given a sit spot within Mission Creek Park to explore and connect with. In your journal you can draw, write, and creatively express your observations, thoughts, and feelings. Come to explore, connect, and learn about the land around us. |
| ES6 | Ms. Overholt | Cartooning & Sticker Making | 22 | Rm 22 | Learn how to improve your drawing skills to make awesome art in a variety of modern styles. We will have time in each class for drawing games, a tutorial, and free drawing time. We will also learn the techniques needed to colour with professional artists alcohol markers so that we can make and vinyl our own hand drawn stickers! Grow as an artist and make stuff you will be proud of. |
| ES7 | Ms. King | Learn to Geocache | 15 | Rm 27 | Do you like to look for treasures? Enjoy technology? Like being in the great outdoors? Then geocaching is for you. Geocaching is a worldwide activity that uses GPS systems to discover hidden treasures in nature. If you want to learn how to geocache then come and join Ms King. We will be geocaching outside so you must be prepared to be outside every class. |
| ES8 | Mr. Aeckersberg | Basketball | 30 | Gym | Basketball |

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| ES9 | Ms. Angle | SMS has TALENT | 20 | Band Room | Creative music theater performance! Let's collaborate and create original songs, character, story, movements, and dialogue. With the goal of a Harmony Day "show" to share with feeder schools on video or in person. Let's write about things that matter to students in the world we live in today! This is for singers, instrumentalists, and creative students who like drama! |
| ES10 | Ms. Culham | Bookmarks & Buddies | 24 | Rm 26 | Do you like to get lost in a good book? Are you looking for the opportunity to read more? Do you want to connect with friends over books and a hot chocolate or tea? If you answer yes to any of these, then join Ms. Culham this term for Bookmarks and Buddies. |
| ES11 | Mr. Wrbaskic | Photography | 22 | Rm 18 | Do you love taking pictures? Do you like being the center of all the action? Why not join School Photography and work on your photography skills. It is a great opportunity to improve your camera skills and share the fun you're having at SMS. |
| ES12 | Ms.Fiske & Mrs.Piasentin | Wonder Woman Empowerment | 30 | Rm 14 | In this group, Ms.Fiske and Mrs.Piasentin will challenge girls to take charge of their lives. We will cover topics like self-esteem, body image, anxiety/mental health, healthy relationships, and MORE. Come prepared to learn, share, and participate in fun activities. We will help you be your best self - a Wonder Woman! |

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| ES13 | Mr. Loomer | Mix it Like a DJ | 24 | Rm 22A | Learn how to mix tunes like your favourite DJs! Mr. Loomer has been DJing for over 10 years, and will teach you how to spin like a pro. Electronic, Hip-Hop, Pop, you name it! We will use a DJ app on Chromebooks to learn the basics, and you'll get to try a professional DJ mixer to perfect your skills. *HEADPHONES REQUIRED* |
| ES14 | Ms. Richardson | Passion Projects | 25 | Rm 16 | What is your passion? Are you learning to crochet? Do you want to learn more about outer space? Whatever your passion, bring your project and your creativity and take the time to dive into your passion project! |
| ES15 | Ms. Buchanan | Coloring and Connect | 25 | 25 | Looking for a relaxing way to expand your mind? Join coloring enrichment to improve your fine motor skills and problem-solving skills. No need to be an expert artist, all abilities are welcome! Join coloring enrichment to create some colorful art and to connect with friends, new and old! |
| ES16 | Ms. Midori | Mission Creek Trail Biking | 15 | Port #39 | While the sun still shines! Bring your bike to school and we will go on a bike ride on Mission Creek Greenway. Feel the wind on your face & de-stress! |
| ES17 | Ms. Grassie/Ms. Teasdale | Jams and Jewelry | 10 | Rm 32 | Join us every week while we listen to music and make our own jewelry! |
| ES18 | Mr Flood | Power walking | 24 | Rm 17 | Get your step count up and come join us for walks around the greenway, mission creek park and other areas of our neighbourhood. |

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| ES19 | Mr Longman | Scratch Video Gaming | 25 | 13 | Using Scratch, we can learn how to blend art and programming to create short and simple video games. I'm not great at this, but I'm learning. I've learned how to insert myself into Super Mario or Mario Cart as a playable character. Come check it out and learn to code and mess around with some older video games. |
| ES20 | Ms. Goodheart | Drama | 25 | Foods Rm | We'll play drama games, learn the basics of improv, public speaking, and characterization. |
| ES21 | Raquel Michaud, Mranda Vrtar & Katie Driscoll | Indigenous Weaving | 14 | Gathering Room | Do you like being creative and working with your hands? Would you like to learn and understand Indigenous teachings that are deeply rooted with our relationship, connection, and respect of all things that the land provides? Then this class is for you! You'll learn to make dream catchers and the skills of bead working and basket weaving, while hearing stories and history of how life was before colonization and where we are today! |
| ES22 | Ms. Van Dulken & Ms. Miller | Zen out! | 15 | Rm 31 | Relax, unwind, and learn strategies to calm your mind. A mix of gentle yoga, meditation, and mindfulness exercises. |
| ES23 | Mrs. Guarducci and Ms. Steenwick | Gardening | 20 | p35 | Come on out and join us in the garden! We will be learning about building a foundation of microbes for our garden with Ms. Janet. We will winterize the garden, enjoy the various foods available, and get our hands dirty! Come join in the fun! |

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| ES24 | Mrs. Aeckersberg | Buddy Reading | 20 | 11B | The grade 2 students at SVE are excited to read with you! You will do an activity with your grade 2 buddy and share a book each week. Sign up to connect with a young reader. |
| ES25 | Ms. Stanley | Rainbow Club | 24 | Rm 7 | <p>Are you looking for a safe, inclusive space to connect with awesome people?</p> <p>Are you curious, and simply looking to learn more about terms like, “gender” or “non-binary”?</p> <p>Are you upset when you see homophobia, and interested in learning how to be an Ally for people in the LGBTQ+ community?</p> <p>Then this enrichment is for you! Please come join the Rainbow Club- Everyone is welcome.</p> |
| ES26 | Mr. McLeod | Board and Tabletop Games | 24 | Rm 21 | Students will have an opportunity to learn and play different board and tabletop games, ranging from simple to complex (<i>Connect 4</i> to <i>Battleship</i> to <i>Risk</i>) and from traditional to innovative (chess to deck-building games like <i>Star Realms</i> and original games like <i>Onitama</i>). There will be games to choose from, and students will be able to bring their own games and card decks if they would like to. Students in this enrichment may even be used as a test focus group for a climate change deck-building game that Mr. McLeod is currently designing. |

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| ES27 | Mr. Selkirk & Mr. Walz | Ball Hockey | 36 | Rm 10 | Are you a certified hockey fanatic? Look no further than Mr. Selkirk's Ball Hockey Enrichment. All levels of skill are welcome to join. Players will only be required to bring their game face and a positive attitude. Come out and put on a show! |
| ES28 | Mrs. Rubadeau | Kinder Buddies | 20 Grade 7&8 | Port.38 | Welcome to Kinder Buddies. In this class we will be walking to Springvalley Elementary to explore different reading activities with students in Kindergarten and Grade 1. If you are in Grade 7 or 8 and you enjoy reading stories to little people, then come on out for Kinder Buddies!! |
| E29 | Mr. Miller & Mr. Wardman | Coding & Robotics | 30 | Library | Join Mr. Miller and Mr. Wardman for a foray into coding and robotics. Students will learn to build both eclectic and competition robots and have the chance to form a team to compete in the regional Lego robotics championship. Last year our team was in the Provincials! |