

Enrichment Options Term 3 - 2022-23

	Teacher	Topic	# of Students	Space	Description
ES1	Mr. Gruenenwald & Mr. Piasentin	Archery	20	Gym	<p>Are you the next Katniss Everdeen? Do you want to learn to shoot a bow and arrow? The National Archery in Schools Program (NASP) will give you the opportunity to learn the life-long sport of archery in a safe and controlled environment. No experience or equipment needed. See you there!</p>
ES2	Mr. Schmalz & YMCA	Y Mind	24	Cafeteria	<p>Feeling stressed? Can't focus? Maybe even a bit anxious or overwhelmed? We get it. As life gets busier with school, responsibilities or at home, it can all add up. We get it.</p> <p>If you're looking for strategies, mindfulness may be your solution. Mindfulness is a practice of checking in with our inner state (emotions, feelings, and thoughts) to help us make decisions and take action. Mindfulness is like a muscle, as you exercise it, you become stronger. As you practice mindfulness you get better at managing stresses, worries, and anxieties so you can get back to doing the things you love.</p> <p>If you're interested in learning we'd love to have you join!</p>

ES3	Mr. McLeod & YMCA	Soccer	45	Backfields	<p>YMCA is excited to offer a fun and engaging soccer program. Our program is designed to provide young athletes with the opportunity to develop their soccer skills in a positive and supportive environment.</p> <p>Led by experienced coaches, our program focuses on teaching the fundamentals of soccer,our program also includes scrimmage games where athletes can put their new skills to the test in a fun and competitive setting. We strive to create a safe and inclusive atmosphere where all athletes feel welcome and supported.</p>
ES4	Ms. Pouliot & Ms. Leone	Step to Healthier Living	30	Rm 12	<p>Join us to learn about walking and making healthy choices. Did you know walking can reduce stress, cheer you up and enhance your self-esteem? Walking is a great way to improve your mood and your overall health. In this enrichment we will enjoy walks through the neighborhood and along the Greenway. We will track our walks and discuss healthy snack options, as well as set goals to encourage healthy choices.</p>
ES5	Ms King	Geocaching	12		<p>Do you like puzzles, treasures and being outside? Then Geocaching may be for you. This is an introductory class to Geocaching. We will use GPS devices to discover SMS treasures around the school and even Mission Creek. You must be willing to be outside no matter the weather.</p>

ES6	Ms.Buchanan and Ms. Vandulken	Rock Painting	20	Room 25	Join us for Rock painting, a fun and creative enrichment. We will first walk to Mission creek to gather our media, then settle in the classroom for a relaxing paint session. We will use materials such as acrylic paints, markers, and other embellishments. The club aims to foster creativity, relaxation, and an opportunity to get outside. We will share our rocks around the community for all to enjoy.
ES7	Mr. Miller	Sketch Club	20	Rm 19	Sketch Club is for everyone. There is no need for artistic "talent" or "skill". The purpose of Sketch Club is to give you an opportunity to explore drawing techniques that are offered in the curriculum.
ES8	Mrs. Nygaard	Strategic Games	25	Rm 23	Join us for Catan, a strategic game where you challenge yourself and your friends to build and create your own civilizations. Included as well will be other games and activities such as Chess, Blockus, Exploding Kittens and more that require you to use your thinker/learner and innovator skills. A great opportunity to play real "mind games" with your friends.
ES9	Ms. Culham	Books and Bookmarks	25	Room 26	Do you like to get lost in a good book? Are you looking for the opportunity to read more? Do you want to connect with friends over books and hot chocolate or tea? If you answer yes to any of these, then join Ms. Culham this term for Books and Bookmarks. Bring something to read and a reusable cup for a hot beverage.

ES10	Ms. Guarducci	Garden Club	15	P 35	If you love working with plants, enriching our school environment, learning about microorganisms, and being outdoors, come join me in the garden! As spring turns into summer, see what our garden grows!
ES11	Ms. Kea	Elementary school tour	Choir or band members	Music room	If you love playing your instrument and would like to share music with the elementary schools, join us! Choir and band members are encouraged, others by special invitation, just see Ms. Kea!
ES12	Mr. Wrbaskic	Photography	22	Room 18	Do you love taking pictures? Why not join the School Photography Enrichment and work on your photography skills. It is a great opportunity to improve your camera skills and share the fun you're having at SMS.
ES13	Mrs. Overholt	Cartooning and Sticker Making	24	Room 22	Learn how to improve your drawing skills to make awesome art. We learn the techniques needed to colour with professional artists alcohol markers so that we can make and vinyl our own hand drawn stickers! Grow as an artist and make stuff you will be proud of.
ES14	Mrs.Piasentin & Ms.Fiske	Wonder Woman Empowerment	20	Room 14	In this group, Ms.Fiske and Mrs.Piasentin will challenge girls to take charge of their lives. We will cover topics like self-esteem, body image, anxiety/mental health, healthy relationships, and MORE. Come prepared to learn, share, and participate in activities. We will help you be your best self - a Wonder Woman!

ES15	Ms. Grassie and Ms. Teasdale	Picnic and Backyard Games	15	Grass area by garden/ walk to park	Spring is just around the corner! Let's grab a picnic blanket and enjoy the outdoors by playing some yard games like bocce, ladder ball, corn hole and more!
ES16	Mr. Selkirk	Scratch and Digital Design	20	Room 10	Scratch is an awesome introduction to computer programming. We will learn how to make use of this powerful tool to create games and other fun digital animations. Aside from Scratch, we will learn a handful of other digital skills including a platform game maker and some flash animation. If you have a love for digital design with a touch of art- come join us!
ES17	Ms. Midori	Chess Club	24	Port 39	I am a beginner chess player and I would love to get better. Either you are a beginner who wants to learn like I am or an expert player who would love to challenge each other or teach others, let's have fun using our brains for strategies!
ES18	Ms. Aeckersberg	Grade 2 Buddies	20	Rm 11 B	The grade 2 students at SVE are excited to read and play with you! You will do an activity with your grade 2 buddy Sign up to connect with a young reader.
ES19	Ms. Rubadeau	Kinder Buddies	20 Grade 7/8	Port 38	Welcome to Kinder Buddies. In this class we will be walking to Spring Valley Elementary to explore different reading activities with students in Kindergarten and Grade 1. If you are in Grade 7 or 8 and you enjoy reading stories to little people, then come on out for Kinder Buddies!!

ES20	Mr. Loomer	Trading Card Games	24	Room 22A	Pokemon, Yu-Gi-Oh, Magic: the Gathering, and more! Each week we will meet to trade, talk, and duel with each other in the best collectible trading card games there are!
ES21	YMCA	Babysitting	44	Rm 27	<p>The YMCA Babysitting Course offers youth a unique opportunity to develop skills such as group management, leadership, and professionalism. Throughout this course we cover:</p> <p>Baby, toddler, preschooler and school aged care</p> <p>How to be safe on the internet</p> <p>How to care for sick or injured children</p> <p>Outdoor safety</p> <p>Kitchen safety</p> <p>How to handle emergencies</p> <p>How to get a babysitting job</p> <p>What it means to be a good babysitter</p> <p><i>There is a \$40/- fee for the course. Please connect with Mrs.Virk or Mr. Gruenenwald if this is something you think would benefit your child, but the cost is prohibitive.</i></p> <p>jasmeet.virk@sd23.bc.ca</p> <p>thomas.gruenenwald@sd23.bc.ca</p>
ES22	Mr. Walz	Minecraft	20	Rm 31	<p>This enrichment offer is for those who <u>HAVE NOT PREVIOUSLY BEFORE</u> attended <u>Minecraft</u>. If you like weekly challenges and minecraft (and other similar games) join me in this adventure highway.</p>

ES23	Mr. Flood	Outdoor Basketball	20	Basketball courts	It is basketball season at SMS. Come join us outside.
ES24	Ms. Richardson	RPG - The Indigenous Way! Coyote & Crow	25	Room 16	Do you love role playing games like Dungeons and Dragons? Or have you heard about them and been curious about what they are? This is your chance to try role playing games for yourself or assemble your tried and trusted band of adventurers for a full hour of role playing fun! Try the new Coyote and Crow (C&C) Indigenous role playing game with our very own Ms. Richardson as the storyteller! Coyote and Crow is an immersive role playing game designed by Indigenous authors and artists. The world of Coyote and Crow is centred in Turtle Island on an alternate timeline where colonialism never happened. Indigenous peoples have been left to grow and flourish without the interference of other nations. Now they possess extraordinary technology and amazing abilities.
ES25	Mr. Frankin, Mr. Kurath & Mr. Malinchuk	Football	35	backfield	If you want to have fun playing touch football outside, no experience needed.
ES26	Ms. McDonald	Gym Games	20	Gym	This is your chance to prove that you've got what it takes to be the gym champ. We're talking games that test your agility, speed, and coordination. You'll be jumping, crawling, and racing your way to victory. It's not about winning, it's about having a blast with your friends. Whether you're a natural athlete or just love to have fun,

					Gym Games is the Enrichment you won't want to miss! All skills levels and abilities are welcomed and encouraged to join!
ES27	Ms Stanley, Mrs Goodheart	The Pride Party Planning Committee	30	Rm 7	Welcome to the fabulous world of the SMS Pride Party Planning Committee! We're a group of students who are all about celebrating love, diversity, and acceptance. We brainstorm all sorts of fun ideas, from rainbow decorations to craft/bake sales, to movie nights. We're all about making this party as fun and inclusive as possible, so everyone is welcome to join. So if you're ready to party like it's Pride Month every day, join us! We promise you'll have a blast, make new friends, and learn a lot about love and acceptance along the way.