

COPAC  
April 12, 2021

Sorry I am not able to make it tonight for the SVE PAC meeting and yes, lots of notes as it was a very long and informative meeting. If anyone has questions please let me know. Jammie Paterson

### Special Guests

1. Jordan Kleckner – District Principal of Learning Technology along with Graham Johnson and Tobias Blaskovits from the District Learning Technology Lead Educator Team presented:

#### Digital Equity

They talked about how technology has changed in the last 20 years and that they did an Inquiry Scan to help them understand. Our Road to Digital Equity (with a summary of our multi-year, district-wide community scan and a 10,000 ft overview of where are we now, where we are going, and how we hope to get there).

<https://drive.google.com/file/d/10CtFat2aoPiyxOzkTNWwKfyiSnDSe2TN/view>. Great info quick 2-page info sheet.

SVE Extra – when we were talking about how tech has changed over the last 20 years we were using the zoom comments and putting in things we could think of. This is from Terry Beaudry Deputy Superintendent of School: Springvalley Elementary School bought their first photocopier (1982) As a new teacher, we were allowed 30 copies per week.

Some short excerpts from a few articles to provoke your thinking and as we continue to deepen our collective understanding around the concept of Digital Equity in Central Okanagan Public Schools.

[https://docs.google.com/document/d/1002tnQMPOgrDSEMn\\_u-FjQ8eBmfZSsf3JZzZTdgx-0/edit](https://docs.google.com/document/d/1002tnQMPOgrDSEMn_u-FjQ8eBmfZSsf3JZzZTdgx-0/edit)

SD23 Digital Wellness Resources: <https://www.sd23ltd.com/digital-wellness>

A good resource for parents: <https://www.common sense media.org/> don't try and learn everything just the platforms or items your kids are interested in

If we would like them to speak at a PAC meeting they will do a presentation for us.

2. Brette Richards – Social Emotional Wellness Learning  
Looking for ideas for presentations for kids, or PAC  
[Brette.Richards@sd23.bc.ca](mailto:Brette.Richards@sd23.bc.ca)

### COPAC Community Connections

1. Sarah Shakespeare – BCCPAC

Lots of info on the website <https://bccpac.bc.ca/>

BCCPAC AGM on May 1 – info on the website as it is a virtual meeting and who needs to register to vote or have a proxy during the meeting- deadline to register is April 19<sup>th</sup>

2. Community Updates

- As we will all be having AGM's soon it was asked how do we do a secret ballot for votes if needed. Zoom has a voting function and there are other free platforms available. They did not have the info on these at hand but if we want can contact COPAC – Cherylee for it later
- Also asked if anyone had any ideas to get more parents out to PAC meeting and especially the AGM. Suggestions were prizes or a special speaker. We can invite new Kindergarten parents but they can not be voted in as part of PAC until they have a child in the school in September.

- Raymer Elementary is doing a White Hatter presentation with grade 4 – 6's, also having a parent night on April 20<sup>th</sup> 7 – 9 pm, so they are kind and have opened it up to all parents. If you are interested in attending send an email to raymerpac@gmail.com for a link and password. <https://www.thewhitehatter.ca/online-webinar-programs/Internet-Safety-and-Digital-Literacy-for-Parents-and-Caregivers>  
The White Hatter provides internet and social media safety, digital literacy, workplace violence prevention education, and training to schools & businesses. <https://www.thewhitehatter.ca/>
- BC Gaming License info <https://bccpac.bc.ca/images/Documents/Resources/2021-guide-pac.pdf>
- All PACs should be looking at their Bylaws and Constitutions and getting them updated. Once done send a copy to the School Board Office for filing
- TanqSleep - Mr. Delgato and Dr. Lai did a presentation at another meeting someone was at. They will come to PAC and do presentations. <https://trangsleepp.com/>
  - 4 things we should help our kids with so they can sleep better as on average they should be getting 8-9 hours of sleep a night
    - Sleep routine – so they can set a healthy circadian rhythm
    - Turn off all tech 1 hour before bedtime
    - Sleep in darkness
    - Reduce overscheduling

#### Trustee and Superintendent Reports

- School District is mourning the loss of Rolli Cacchioni, he was a great supporter of Rutland and especially RMS. [https://www.kelownadailycourier.ca/news/article\\_d6e375d8-7e13-11eb-946c-73823ae33e31.html](https://www.kelownadailycourier.ca/news/article_d6e375d8-7e13-11eb-946c-73823ae33e31.html)  
Bi-election will be held June 26<sup>th</sup>
- Right now the District is planning for a normal start in September as they believe as long as vaccines and schedule stay as the BC government have it laid out now it should be good.

#### COPAC Executive Reports

- COPAC wants to amend one of the lines in their Bylaws, should be sending an email out to all PAC presidents, and need a Yes or No back. Proposed bylaw
  - No person may hold the same executive position for more than two (2) consecutive years. In cases where a person has held a role for two consecutive, one-year terms, and no replacement nomination is put forward, the COPAC Rep's in attendance, by a majority vote of not less than two-thirds (2/3), to extend the term for another year until the next AGM, provided the person holding the position remains a parent or guardian of a student enrolled in SD#23. The maximum consecutive years any person can hold the same executive position, including extensions, is three (3) consecutive years.
- Info to come but there is a Family Financial Information night coming. The topic being discussed is Talking money with kids, RESP, and Q&A's. Watch COPAC Facebook for more info