



# UPSTREAM

## KELOWNA



Central Okanagan  
Public Schools  
Together We Learn

A PREVENTATIVE APPROACH TO SCHOOL  
DISENGAGEMENT AIMED AT HELPING STUDENTS  
REDUCE BARRIERS TO RESILIENCY BOTH AT SCHOOL  
AND AT HOME.

## DEAR PARENTS/GUARDIANS AND STUDENTS,

**On October 1st, Grade 8 students at Springvalley Middle School will have an opportunity to participate in the Upstream Student Needs Assessment.**

**It is a confidential questionnaire that will take about 20 minutes to complete and will be administered during school hours.**

This assessment will be offered to all Grade 8 students, please note it is not mandatory for them to complete.

*IF YOU WOULD LIKE TO REVIEW A COPY OF THE ASSESSMENT, IT WILL BE AVAILABLE FOR VIEWING AT YOUR SCHOOL.*

## WHAT IS UPSTREAM KELOWNA?

- A locally adapted model of “Upstream Canada”, a research initiative aimed at ending youth homelessness across Canada through early intervention practices
- A cross-sector, collaborative, youth driven approach to wrap-around services
- An innovative, evidence-based method
- Uncovers hidden needs or barriers to resilience
- Increases opportunities to access a wide range of services to promote health and well-being in students and families

**Any questions or for more information, contact**

Thomas Gruenenwald  
**Principal**

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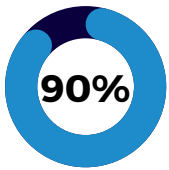
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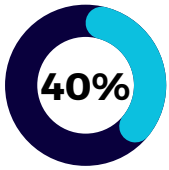
The Government of Canada's  
Support for Student Learning  
Program



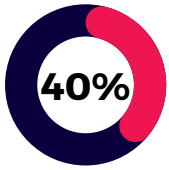
# CONNECTION TO SERVICES



**90%** Gr. 8 students participate



**40%** of students are identified  
(100% offered a check in)



**40%** of those identified get connected to Upstream support

“ This couldn't have come at a better time, we didn't know where to look for help and Upstream came to us.

**Parent of an Upstream Participant**



“ Upstream has connected me to a person that connects to me and engages in who I am as a person and makes me feel safe and secure when talking to them.

**Upstream Participant**

Making the Shift Is a project of The Canadian Observatory on Homelessness and A Way Home Canada